Dear Benefits Administrator,

We know that employee health and wellness is your top priority, and that's why we want your help choosing the next TRS Spring Wellness Challenge.

What type of challenge would you like to see this year? Take the survey and let us know. Health and wellness challenges offer opportunities to change unhealthy behaviors and promote healthy habits among your employees. Plus, there are prizes to win. Who doesn't love that?

Like last year, **all employees can participate**, even if they are not enrolled in TRS-ActiveCare. We had over 2,000 participants and 290 teams last year, and we're excited to engage even more of your employees.

Get started by letting us know what challenge your district wants the most. Submit your vote by February 11, and we will announce the winning challenge on February 17.

Vote now

Sincerely,

TRS-ActiveCare and Aetna®